

**PROFILE OF A WOMAN JOB SEEKER WHO IS RETRAINING
TOWARDS A JOB TRADITIONALLY HELD BY MEN (based on a
real-life case)**

Caroline H. has decided to become a plastics technician. She is passionate about her job. When she started her training (as the only woman in her course), she faced obstacles that led her to question her choice. She started to doubt herself and shared her experience and doubts with her job officer.

She faced two major obstacles:

Sexist speech from other training participants (according to her manager, her presence in her department and the resulting diversity are an advantage – her experience with sexist speech during the training has prepared her for the same experience within the company)

Carrying heavy loads (the training facility lacked equipment helping in carrying heavy loads, Caroline H. will see that companies are much better equipped)